

WHAT TO DO WHEN SOMEONE IS OVERDOSING



Keep yourself safe

Move any objects that might cause injury.



Check for a response

Speak loudly to the person and shrug their shoulders.



Check their airways

Are they breathing normally?



Call 999

Ask for an ambulance.

- The police won't be called.
- Put the call on loud speaker.
- Tell the call handler as much as you can including your location & that you think it's an opioid overdose.
- Tell them if you have a naloxone kit.
- Listen to the call handler's instructions – they are there to help you.



Carry Naloxone - contact your local service or order a kit online

